## Profile ID

## **VTE**

CSTF

Total Score: 4, Passing Grade: 3, Version: 3

1. Which of the following could indicate a venous thromboembolism? (Score: 1)

History of arrhythmia

Rapid pulse

Sudden shortness of breath

Pain, swelling and tenderness in the leg

2. If you have identified a patient who is at high risk of VTE, which of the following actions might you take? (Score: 1)

Give advise on lifestyle changes

Prescribe use of compression devices

Insert an IVC filter

Prescribe anticoagulant medication

3. Which of the following features related to the admission of a patient should you take into consideration when assessing the risks of VTE (Score: 1)

Significantly reduced mobility for 3 days or more

Hip or knee replacement

Paralysis, paresis or recent plaster immobilisation of the lower extremities

Non-invasive treatment with no reduction in mobility

Hip fracture

Surgery involving pelvis or lower limb with a total anaesthetic + surgical time > 60 minutes

Critical care admission

4. Which of the following are among the quality standards for reducing the risk of VTE? (Score: 1)

Patients who are at increased risk of VTE, are given information about VTE prevention on admission to hospital.

Patients provided with anti-embolism stockings have them fitted and monitored in accordance with NICE guidance.

Medical, surgical or trauma patients have their risk of VTE reassessed at consultant review or if their clinical condition changes.

Anticoagulants reduced as part of perioperative procedure.