

Profile ID

Resuscitation Level 2

CSTF, Resuscitation - Level 2 - Adult Basic Life Support

Total Score: 11, Passing Grade: 9, Version: 9

1. What are your responsibilities under your local resuscitation policy? (Select TWO of the following options) (Score: 1)

To summon help in the event of a cardiorespiratory arrest

To attend appropriate training for your job role

I have no responsibilities because my manager is responsible

2. Why is it important to recognise and respond to patients who are deteriorating? (Select ALL that apply) (Score: 1)

It allows you to call for senior help more quickly to prevent further deterioration

It allows you to communicate with the patient and plan care more effectively

May prevent cardiorespiratory arrest

3. How do you treat a choking person? (Select ALL that apply) (Score: 1)

Encourage the person to cough

Give up to five back blows before abdominal thrusts

Check to see if each back blow/abdominal thrust has relieved the airway obstruction

If the person becomes unconscious, support the person carefully to the ground, call for help, start CPR 30:2

Make them drink water

4. How is compression only CPR (cardiopulmonary resuscitation) performed? (Score: 1)

By continuous chest compressions without interruption at a rate of 100-120 per minute

By delivering 30 chest compressions at a rate of 100-120 per minute, then rest for 10 seconds and repeat this cycle.

5. What action(s) should be taken if a person with a reduced level of consciousness has a partially obstructed airway? (Select THREE of the following options) (Score: 1)

- Turn the person into the recovery position
- Under direct vision remove foreign body if at front of mouth
- Blind finger sweep of the mouth
- Use suction (if available) to remove fluids

6. To ensure effective ventilation, which of the following criteria should be met? (Select FIVE of the following options) (Score: 1)

- 25 breaths per minutes should be delivered
- The airway must be clear from debris
- The airway must be in an open position
- If using a mask, it must provide a seal between the mask and the face
- Each rescue breath must be given over a 1 second duration
- The volume of each breath must be sufficient to see the chest gently rise

7. When using an Automated External Defibrillator (AED), how should you prepare the chest before applying the pads? (Select TWO of the following options) (Score: 1)

- Remove any clothes, medication patches and jewellery
- Apply the pads immediately
- Chest compressions must be stopped to allow pads to be applied
- Remove excessive hair, dry the skin and check for pacemakers

8. Whilst at work, you see a person collapsed in front of you. What is your responsibility in this situation? (Select ALL that apply) (Score: 1)

- Assume that someone will call for help
- To ensure that appropriate help is called immediately
- To start appropriate treatment

9. When documenting an event, it is important to ensure that the final document: (Select FIVE of the following options) (Score: 1)

- is legible
- is written in capitals
- is written in black ink
- is written in red
- is dated
- is timed
- is signed and name printed

10. Is it acceptable to work beyond your personal capabilities in an emergency? (Select ALL that apply) (Score: 1)

Yes because it is an emergency

No because you may negatively influence the patient's outcome

No because you may injure yourself

No because you may leave yourself open to disciplinary action or litigation

Yes the law will protect me

11. If a patient has a Do Not Attempt Cardiopulmonary Resuscitation (DNACPR) decision and form, what does this mean? (Select ONE of the following options) (Score: 1)

Choking and anaphylaxis will not be treated

No nutrition and hydration will be given to this patient

No treatments will be given to this patient

In the event of the patient not breathing, cardiopulmonary resuscitation (CPR) will not be attempted.