

“...in this world nothing can be said to be certain, except death and taxes.”

- Benjamin Franklin, 1789

CPR is for when your heart is the **first** thing to stop

*The DNACPR issue
has trumped
Enabling a Calm End in
Final Stages of Dying*

I have never heard **anyone** say

*“My dream is to die
surrounded by strangers”* having chest compressions
& defibrillation on a ward

We need to talk about **DYING**

Everyone deserves
a peaceful death
*in a place where the
duvet matches the curtains*

CPR is not a treatment for
**ORDINARY
DYING**

“we will offer you all of the treatments that will work
but avoid ones that won't”

Your body is tired and we already know your heart, lungs and kidneys don't work very well. When eventually your heart decides to stop, we wouldn't be able to re-start it *and so we shouldn't try...* there's a form we need to complete to make sure you can die peacefully when the time comes, and I'd recommend we do one for you, *then you can forget all about it and get on with living*

What is a good death?
*Calm, gentle care with no
unnecessary interventions,
by medics brave
enough to stand back*

#HaveTheConversation

Quotes crowdsourced by medics on Twitter campaigning for peaceful EoL care & patient dignity * Poster designed by @mmbangor